



Ilford County High School

ANE/NR

30th September 2021

Dear Parent/Carer,

We are writing to let you know that the National Citizen Service (NCS) will be delivering a FREE 2-week programme for all Ilford County High School year 12 students in October. We believe this is an amazing opportunity and all students will be taking part. NCS is a government backed personal and professional development program designed to upskill young people and get them involved in social action within their local communities. The programme helps build confidence, communication and leadership skills, and will help them stand out when applying for university and completing their UCAS personal statements.

What is NCS?

Phase 1: 18th October –20th October

Three days of physical activities to challenge students by pushing them out of their comfort zone. Students will participate in activities like rock climbing, canoeing and abseiling, the main focus here is for students to push themselves, work as part of a team, and gain leadership skills.

Phase 2: 21st, 22nd and 25th October

Three days of personal and professional development challenges and workshops. Students will gain valuable life skills that will help prepare them for university and employment.

Phase 3: 26th October – 29th October

(Please note, this phase will take place during half-term to avoid further disruption to pupils' lessons)

Working as a team, students will plan, design, and pitch a social action project that will benefit the local community. This might include raising awareness about a cause that's close to their heart, organising an event for their favourite charity or addressing a need in the community they're passionate about.

- Each day will run from 08:45 – 15:45, except the final day (Friday 29th October) which will finish at 16:45 after a celebration of the students' accomplishments where they will receive accreditation for the completion of the programme.
- The social action project will run offsite due to the nature of the projects that students plan - all activities are risk assessed before they are approved.
- Students will be supervised by NCS staff at all times.

Empowering to Excel By Learning Together

Headteacher: Mrs R Drysdale BSc NPQH

Fremantle Road, Barkingside, Ilford, Essex IG6 2JB

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- The programme will follow COVID protocols at all times.
- Students who have previously participated in the NCS programme will be taking part in NCS PLUS – an extension to the skills and experiences they will have already gained during the summer.

What you need to do

The NCS team will be meeting the year group on 30th September. They will be encouraged to 'sign up' using their phones during the presentation. Parents/guardians then need to complete an online medical form. This form will be sent to YOUR email provided by the student when signing up at the assembly. **Please make sure your young person is aware of your correct phone number and email address. This is a crucial part to the sign up.**

Students must have completed this sign up process and submitted their medical form to be able to take part.

We truly value NCS as a transformative programme and hope you'll encourage your young person to take part. For further information about NCS, please visit www.wearencs.com.

Yours sincerely,

Miss A Nekiwala
(Head of Student Development – Enrichment)

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